

ARC itext

NEWSLETTER OF THE GREATER RICHMOND ARC • RICHMONDARC.ORG

Creating a Community of Opportunity for All

SPRING 2017

Great Food, Sublime Wine: It's Ladybug Time!

Mark your calendars! The **2017 Ladybug Fund Winetasting & Silent Auction** featuring fine food and West Coast wines is **March 25, 2017** at the Richmond International Raceway Torque Club. Also on tap: local craft beers. Proceeds benefit children's programs at ARC.

To purchase tickets (\$80 in advance and \$90 at the door) please call **(804) 358-1874** or visit www.richmondarc.org ■



ARC guests enjoyed good wine, food and conversation at last year's Ladybug event. Don't miss this year's gathering at the Torque Club on March 25th.



CALENDAR OF EVENTS SAVE THE DATES!

Ladybug Fund Winetasting and Silent Auction

Saturday, March 25

6:00 - 9:30pm

The Torque Club – Richmond International Raceway

April Dance:

Friday, April 21

7:00 - 9:30pm

Chamberlayne Heights United Methodist Church

Memorial Day

Monday, May 29th

(ARC offices closed)

Wine Down Wednesday

May 3, May 10, May 17, May 24

6:00 - 8:00pm

ARCpark

SummerFest

June 2nd-June 4th

ARCpark

June Dance

Friday, June 16th

7:00 - 9:30pm

Chamberlayne Heights United Methodist Church

ARCpark Kid's Summer Series

July 6th, July 11th, July 18th, July 25th

ARCpark



Is ARC in your will?

Contact Kim Watson for more information:
kim.watson@RichmondARC.org



Like us on Facebook:
[Facebook.com/RichmondARC](https://www.facebook.com/RichmondARC)



We need your email address! Please send us your current email address to info@RichmondARC.org



ARCpark Ambassador Mitchell Kugelman is on duty once a week to greet visitors and play with kids.

ARCpark Ambassador Program Launches

Mitchell Kugelman, a sixth grader at Moody Middle School, started volunteering at ARC last fall and is part of a new ARCpark Ambassador program that he helped create. The outgoing, personable youngster volunteers one day a week, helping with everything from greeting visitors, to developing yard games for organized play in the future.

"I looked at the organizations where I could volunteer, and ARC was perfect," said Kugelman, who volunteered in elementary school by helping students with disabilities on and off the bus.

Cindy Stubbe, ARC's volunteer engagement and events manager, said the ambassador program has been specifically designed for middle school and high school students, adding that the benefit of the initiative has already been seen. "Our first ARCpark Ambassador has already brought his parents and classmates into our organization as volunteers. So the goodwill continues to grow!"

For more information, visit www.richmondarc.org/volunteer ■

Something's Cooking at ARC

Mmmm,mmmm. Is that the smell of bread pudding? It could be, if you happen to visit ARC on an afternoon when Day Support or Afterschool participants are mastering the basics of cooking in our state-of-the-art kitchen.

Cooking is an important skill involving a wide range of tasks, including measuring ingredients, stirring and pouring, and performing light clean up, says Day Support and Afterschool Supervisor Camesha Peters. Making a meal can help bolster a person's self confidence and self esteem, and using measuring spoons and cups can even teach basic math.

Sharon Zimmerman oversees the adult cooking program every Tuesday and is, according to Peters, "an excellent cook." On Thursdays, afterschool participants ranging from 9 to 22 years old prepare snacks with the help of Synika Lalande, who shared her recipe for some delicious bread pudding.



(Left to right): ARC staff member Ethan Pitts, Rosé Jordan, Patrick Brown, Joey Wheeler and Rebecca Sharp.

In addition, ARC has also launched "Healthy Food Fridays," with Day Support participants served tossed salads, wraps and subs, and other fare that's heart-healthy. ■



FRIDAY, JUNE 2 - SUNDAY, JUNE 4

Music, Food, Family Fun!

Back and expanded in 2017 to include a full weekend of events.

- ARCpark After Dark for adults featuring local craft beer and food trucks
- ARCpark Family Movie Night on the patio
- Family-friendly Festival in the ARCpark – open to the community and free for all

Sponsorships for these events are available. Call 358-1874 ext. 214 to learn more.

Visit RichmondARC.org and follow us on Facebook for updates.

Meet Hailey

As a baby, Hailey didn't babble. By the time she was three, she could only say five words. Everyone said, "One day she'll just wake up and talk." But she didn't, and that's when her mom Sarah turned to ARC.



From speaking only five words, Hailey now speaks in full sentences since meeting with ARC's speech therapist.

"I was so worried about what would happen in kindergarten," if Hailey couldn't communicate, she said. Children were already asking why Hailey wasn't more talkative. Her

diagnosis of childhood apraxia of speech meant she needed help in forming and then saying words. So every week, Hailey and her speech therapist meet at ARC to practice -- with some dramatic results. Hailey now speaks in full sentences. "I know a lot of her improvement came from ARC," says Sarah. "And her therapist. I love her." ■

Translation Services at No Charge

About 12 percent of ARC's Infant and Child Development Services program clientele are Spanish-speaking or come from families where English is a second language. At ARC, the services of a translator are provided as a courtesy at no charge, and play a critical part in providing effective therapy for non-English speaking children and families.



ARC's translation program has played a critical part in providing effective therapy to non-English speaking children and their families such as Rene Fagalde.

Becky, 5, has come a long way from being the shy youngster who didn't speak at all before she was three, and was "tentative and timid," according to her dad José through an interpreter provided by ARC.

"What I respect most about (the organization) is their sensitive approach in helping my daughter," he added, saying that his daughter has become so much more confident. In fact, Becky speaks in full sentences nowadays. ■

How to Keep the IRS from Becoming a Major Beneficiary of Your IRA

Want to lessen the impact of taxation through charitable planning? For people who are charitably inclined, there are some special rules regarding IRAs that may significantly lessen the taxpayer's overall income tax burden. For those who have reached the age of 70½, there is a particularly effective method of tax planning using a special rule governing distributions to charities. A taxpayer can exclude from income the entire amount of a "qualified charitable distributions" ("QCD") made from an IRA.

To learn more about lessening the impact of taxation while helping your favorite charitable causes, please read the recent article written by John H. (Jay) Turner, III, Esq. at www.RichmondARC.org/charitableplanning.

John H. (Jay) Turner, III, Esq.

is a former Greater Richmond ARC parent and co-founder of Shepherd & Turner, PLC, an estate planning law firm in Richmond, Virginia (www.vaestateplanning.com).

Jay focuses his practice on estate planning and administration with

an emphasis on estate, gift, generation-skipping and fiduciary income tax planning. Prior to co-founding Shepard & Turner, PLC, Jay was a partner with Williams Mullen and served as chair of the firm's estate planning section. Prior to joining Williams Mullen, Jay served as Senior Counsel in SunTrust Bank's legal department.



Jay Turner

Camp Baker: You Deserve a Break Today

With activities including trips to sporting events and museums, as well as on-site movies, arts and crafts and nature walks, the Greater Richmond ARC's Camp Baker at 7600 Beach Road (on a 22-acre wooded facility) has something for everyone.

2017 Weekend Respite Sessions

Friday evening to Sunday afternoon

Children

(ages 6 through 18)

February 3
 March 3
 March 31
 May 5
 June 2
 July 7
 September 1
 September 29
 October 27
 December 1

Adults

(ages 19 and up)

February 10, 17, 24
 March 10, 17, 24
 April 7, 21, 28
 May 12, 19, 26
 June 9, 23, 30
 July 14, 21, 28
 August 4, 11, 25
 September 8, 15, 22
 October 6, 13, 20
 November 3, 10, 17
 December 8, 15

Summer Camp Sessions

Children

(ages 6-17)

July 2- July 7, and July 9 - 14

Adults

(ages 18 and over)

June 18-23
 June 25-30
 July 16-21
 July 23-28
 July 30-August 4
 August 6-11
 August 13-18

For more information including cost, call Camp Baker (804) 748-4789 or visit www.richmondarc.org ■

One For the Books

Thanks to all those who donated children's books to the annual ARC holiday donation drive! ARC and the bookstore **bbgb** in Carytown teamed up to collect 454 new children's books that were then distributed



Jill Stefanovich
Co-owner of bbg

among families during its annual children's holiday party on December 6, 2016. More than 50 families attended the event, including 104 children who received books as gifts.

"A book is a gift that everyone in a family can enjoy together as they appeal to the child in all of us," said ARC's Infant and Child Development Services Program Director Cara Coffman.

Jill Stefanovich, co-owner of bbg, agreed. "Books are a passport to new adventures and we were very glad to share in this journey." ■



A sampling of books generously donated by bbg customers to the Greater Richmond ARC's 2016 book drive.

ARC Donors Matter

Because of the generosity of you, our donors, over \$675,000 was given in 2016 to support people in ARC's programs. Thank you to every donor who chose to make a difference in the lives of people with disabilities. ***This is what YOU helped make happen:***

- **86 middle and high school students** with disabilities had a safe place to be after school and during summer and holiday breaks. They cooked, volunteered in the community, learned life-skills, played in the ARCPark, and had fun!
- **179 adults were employed** and brought home a paycheck every other week. Some learned skills that will eventually lead to employment in the community.
- **129 individuals enjoyed weekend respite** at Camp Baker, giving them an opportunity to enjoy time with friends and participate in fun activities, while giving caregivers an opportunity to step back from the 24/7 responsibility of caring for a loved one with disabilities.
- **302 summer campers spent a week at Camp Baker.** They enjoyed boating, horseback riding, arts and crafts, and the greatly anticipated Talent Show every Thursday night.



Camp Baker Summer Camp



Workforce Development

- **96 individuals participated in our Workforce Development program,** learning basic skills which may one day lead to employment.
- **535 children received speech, physical and/or occupational therapy** from highly trained therapists. Parents learned how to best help their child reach their fullest potential.



Afterschool Services



Loyal Order of the Moose - Manchester #699 gave \$1,000 for use at Camp Baker. Over the past 17 years, these big-hearted folks have donated over \$61,000 to ARC.



Memorial Foundation for Children awarded ARC a grant of \$25,000 to fund travel and interpreter costs not covered in our current funding in our ICDS program.



Brandermill Regional Men's Club donated \$1,500 to be used at Camp Baker. This generous club has given over \$28,000 in the past 20 years.



UPS Foundation awarded ARC a \$5,000 grant to purchase scanning equipment to be used by employees with disabilities.



Do you use Amazon? **AmazonSmile** is a simple and automatic way for you to support Greater Richmond ARC every time you shop, *at no cost to you*. When you shop at **smile.amazon.com/ch/54-0629691**, you'll find it no different than Amazon, with the added bonus that Amazon will donate a portion of the purchase price to ARC. Thank you!

Bravo! ARC Annual Employee Recognition Event Applauds Many

And the winner is...

ARC's Annual Employee Recognition Banquet recently recognized the outstanding contributions of many, including "Volunteer of the Year" Bob Sommerville. A current Board member and past Board Chair, Sommerville has devoted hundreds of hours to ARC. "His 'can do' attitude and keen business sense challenge the people around him to do their best," said Warren C. Redfern, current Board Chair.

The event was emceed by Kat Simons of Lite 98 FM, a long-time friend and supporter of ARC. In addition to recognizing Sommerville, ARC was proud to acknowledge the hard work and efforts of a number of individuals who have helped The Greater Richmond ARC achieve another successful year in 2016. Thank you one and all! ■



Current ARC Board member and past Board Chair, Bob Sommerville, was named Volunteer of the Year.

ARC Annual Employee Recognition Award Winners

Family/Caregiver of the Year

La Toya Thompson

Vendor of the Year

Ray Holmes of Uptown Color

Team Players of the Year

Delvan Kersey, Josi Toothman, and Caitlyn Berry

Case Manager of the Year

Jessica Lawson

Employee of the Year

Krystal Thomas

Family Partners of the Year

Rachel Ball and Danielle Williams

Philanthropist of the Year

Altria Companies Employee Community Fund

Dream Maker

Latashia McLeod

Champion of the Year

AmerisourceBergen



Scott Kessler of the Altria Companies Employee Community Fund receives ARC's Philanthropist of the Year award.



Ray Holmes of Uptown Color was named ARC Vendor of the Year.

Individuals of the Year

Brion Raposa

ARC's Infant and Child Development Services

Reginald Thompson

Camp Baker Day Support Services

Victoria Nielsen

Camp Baker After School Services

Lucas Spicely

Camp Baker Summer Camp Program

Dean Smith

Camp Baker Respite Services

Christian Langer

ARC Employment Services Workforce Development

Jo Ellen Coger

ARC Employment Services Production Facility

Patrick Farmer

ARC Employment Services-Off-Site/Federal Contracts

John Driscoll

Saunders After School Services

Ben Manley

Saunders Day Support Services.



Dean Smith was named Individual of the Year for Camp Baker Respite Services



Jessica Lawson of RBHA was named ARC's Case Manager of the Year.



Jo Ellen Coger was named Individual of the Year for ARC Employment Services – Production.



AmerisourceBergen was named ARC Champion of the Year. Accepting the award: Aaron Nadlicki, General Manager of the Richmond Distribution Center.

ARC Champions Monthly Giving Club

Do you want to be an extraordinary giver and have a lasting impact on people with disabilities and their families?

Become a member of the **ARC Champions Monthly Giving Program** and ensure that the services for our neighbors with disabilities are available and accessible every day. When you spread your donations out over the year you are providing stable funding for services that support children and adults with disabilities – services many need throughout their lives.

It's easy! Visit www.richmondARC.org today and click the DONATE button (choose monthly as the donation frequency). Or contact nita.starr@richmondarc.org for more information. Thank you!

The Greater Richmond ARCpark

is open to everyone – every day from dawn to dusk (barring inclement weather).

- The ARCpark is the first of its kind in Central Virginia.
- The ARCpark is free and open to the public.
- The ARCpark is open to all ages and all abilities. Most features are handicap-accessible.
- Hours of operation are from dawn to dusk every day of the week. (The park will close for inclement weather.)
- The ARCpark is located at 3600 Saunders Avenue, Richmond, VA 23227, on Richmond's Northside.



Group Functions – If you are interested in having a party or group function at the ARCpark, please email arcpark@richmondarc.org for information on reserving space under the picnic pavilion. Visit www.RichmondARC.org/ARCpark for more information. ■